

Over more than 30 years of leading therapy groups, I have developed an approach to group psychotherapy that integrates interpersonal, Gestalt, and IFS. This section includes articles on group therapy for the general public and information on my current therapy groups. There are also articles, books, groups, and consultation on group psychotherapy for professional psychotherapists.

[Description of Interactive Groups](#) . For potential group members.

[Interactive/IFS Therapy Group in the San Francisco Bay Area](#)

[Interactive Group Therapy](#) . A professional book on group therapy.

[The Interactive Group Experience](#) . An article for prospective group members describing what it is like to be in an interactive group.

[Articles for Psychotherapists](#) . Articles on interactive group therapy written for mental health professionals and students.

[Transcripts](#) . Annotated transcripts of group sessions that illustrate what happens in an interactive therapy group.

[Testimonials](#) from past members of groups.

[Consultation on Group Psychotherapy](#) . Individual and group consultation.

Interpersonal Patterns in Group Therapy. The manuscript of a professional book on the Pattern System as it applies to group psychotherapy.

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